

JSPM's

Rajarshi Shahu College of Pharmacy and Research

Annual Report on Extension, Outreach and Cultural Activities

2021-22

Active participation & keen interest in various social & cultural activities is useful for promotion of universal values like Truth, Righteous conduct, Love, Non-Violence, peace national values, human values, National integration, communal harmony and social cohesion as well as for observance of fundamental duties. Cultural committee organizes & co-ordinates various collegiate & inter-collegiate activities along with the cultural representatives selected from the classes of B. Pharm & M. Pharm. The committee plans for various events to be held annually thereby giving every student an opportunity to display their talents. All events are a feast for the budding talents & are marked with maximum response & participation. Though there was hybrid mode situation due to COVID19 pandemic, institute and cultural committee planned and organized some events on virtual mode and some in offline mode.

A Yoga Day was organized by Heartfulness Organization in our college, Virtual Yoga and Meditation program was organized by our institute on Monday, 21/06/2021 at 8.30 Am on Google Meet Platform in association with Heartfullness. Chief Guest was Mr. Vinay Gupta and Guest of honor was Mr.Ritesh Rai .

Vinay Gupta is a Certified RYT Yoga teacher from Heartfulness institute, also completed PG diploma in Yogic Science from Annamalai University in September 2020 practicing Yoga since 12 year age and became certified Yoga teacher in 2019. 13 years of experience working with corporate sector. He also managed to take Yoga classes within and across India.

Ritesh Rai Working as a technical lead with Harbinger group banner. Practicing heartfulness meditation since 2012 and a meditation trainer since 2017. The Organization works in many areas of Social Services. He started session with warm up followed by some yoga. Lastly he took all of us in to the world of meditation for 20 mi. The session was completely rejuvenating one.

Keeping this in mind JSPM RSCOPR organized this webinar to help participants to manage their mental as well as physical health during this pandemic situation of COVID19. Number of registrations for webinar was near to 100. Platform used to conduct the session was ZOOM.

National Pharmacy Week was celebrated in week of 25th Sep 2021 On the occasion of World Pharmacist Day i.e on 25 Sept 2021, JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade organized a Online National level Illustration Presentation Competition. Topic was "Role of Pharmacist in maintaining Global Health" A National Level Virtual Illustration Competition. event Created awareness and emphasized role of pharmacist in this Pandemic COVID 19 situation. As it was a National level competition we received hundreds of response from various States like Rajasthan, Karnataka, etc and various cities like Nasik, Aurangabad, Kolhapur, Ahmedabad, Hyderabad, Udaipur, Punjab, Pune, etc was overwhelming. All the participants had taken noteworthy efforts which were really appreciable. PHARMA QUIZ also organized on Pharmacist day. Virtual quiz competition conducted successfully.

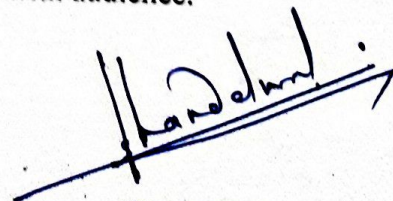
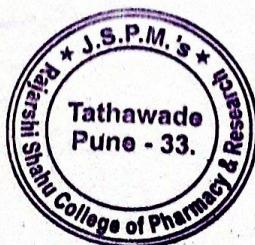
The convener of the program was Dr. K.R. Khandelwal Sir, (Principal of RSCOPR) and was co-ordinated and executed by Dr. Trupti Deshpande (Cultural and Extension activity Head at RSCOPR) along with the students of RSCOPR. The Winners were awarded with cash prizes. It was a successful virtual event organized by the team of RSCOPR.

National Unity Day, Mazhi Vasundara, Womens Day, Single Use Plastic, Voters Day, National Integration day, Linguistic Harmony, weaker section day, Environment cultivation day, day were celebrated to increase consciousness about national identities and symbols; Fundamental Duties and Rights of Indian citizens. Similarly **Mazhi Vasundhara, Marathi Bhasha Din** was created among the students to assess societal health, safety and legal issues and consequent responsibilities relevant to professional pharmacy practice.

Virtual **farewell function** was organized for final year students. Students also expressed their views and also shared their four years experience and memories with audience.



Cultural Activity Incharge



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